

## **Affirming Faith in Mind**

The Great Way is not difficult for those who do not pick and choose.  
When love and hate both disappear the Way stands clear and undisguised.  
But even slight distinctions made set earth and heaven far apart.  
If you would clearly see the truth, discard opinions pro and con.  
To founder in dislike and like is nothing but the mind's disease.  
And not to see the Way's deep truth disturbs the mind's essential peace.  
The Way is perfect like vast space, where there's no lack and no excess  
Our choice to choose and to reject prevents our seeing this simple truth.  
Both striving for the outer world as well as for the inner void condemn us to  
entangled lives.  
Just calmly see all unity, and false views vanish by themselves.  
Attempts to stop activity will fill you with activity.  
Remaining in duality, you'll never know of unity.  
And not to know this single Way lets conflict lead you far astray.  
When you deny that things are real you miss their true reality.  
And to declare that things are void also denies reality.  
The more you talk and think on this the further from the truth you'll be.  
Cut off all useless thoughts and words and there's nowhere you cannot go.  
Returning to the root itself, you'll find the meaning of all things.  
If you pursue appearances you overlook the primal source.  
Awakening is to go beyond all emptiness as well as form.  
All changes in this empty world seem real because of ignorance.  
Do not go searching for the truth just let those fond opinions go.  
Remain not in duality, abstain from it with every care.  
If there's a trace of right and wrong, True-mind is lost, confused, distraught.  
From One-mind comes duality, but cling not even to this One.

When mind in Tao rests undisturbed, then nothing in the world offends.

And when no thing can give offense, all things at once cease to exist.

If all thought-objects disappear, the thinking-subject disappears.

For things are things because of mind, as mind is mind because of things.

These two are really just the same, and rooted in one Emptiness.

In Emptiness these are not two, and in each are all worlds contained.

Once coarse and fine are seen no more, then how can there be taking sides?

The Great Way is without limit, beyond the easy and the hard.

But those who hold to narrow views are fearful and irresolute; their frantic haste just slows them down.

If you're attached to anything, you surely will go far astray.

Just let go now of clinging mind, and all things are just as they are. In essence nothing goes or stays.

Be one with the nature of things, and you're in step with the Great Way, thus walking freely, undisturbed.

But live in bondage to your thoughts, and you will be confused, unclear.

This heavy burden weights you down – O why keep judging good and bad?

If you would walk the Single Way, do not reject the sense domain.

Accepting the world of senses conforms with true enlightenment.

The wise do not strive after goals, but fools themselves in bondage put.

The One Way knows no differences, the foolish cling to this and that.

To seek Great Mind with thinking mind is certainly a grave mistake.

From small mind comes rest and unrest, but mind awakened transcends both.

Delusion spawns dualities – these dreams are nought but flow'rs of air – why work so hard at grasping them?

Both gain and loss, and right and wrong – once and for all get rid of them.

When you are no longer asleep, all dreams will vanish by themselves.

If mind does not discriminate, all things are as they are, as One.

To go to this mysterious Source frees us from all entanglements.

When all is seen with “equal mind”, to our Self-nature we return.

This single mind goes right beyond all reasons and comparisons.

Stop movement and there’s no movement, stop rest and no-rest comes instead.

When rest and no-rest cease to be, then even oneness disappears.

This ultimate finality’s beyond all laws, can’t be described.

With single mind one with the Way, all ego-centred strivings cease.

Doubts and confusion disappear, and so true faith pervades our life.

There is no thing that clings to us, and nothing that is left behind.

All’s self-revealing, void and clear, without exerting power of mind.

Thought cannot reach this state of truth, here feelings are of no avail.

In this true world of Emptiness both self and other are no more.

To enter this true empty world, immediately affirm “not-two”.

In this “not-two” all is the same, with nothing sep’rate or outside.

The wise in all times and places awaken to this primal truth.

The Way’s beyond all space, all time, one instant is ten thousand years.

Not only here, not only there, truth’s right before your very eyes.

The smallest and the largest fuse, for length and breadth do not pertain.

The largest is the smallest too – here limitations have no place.

What is is not, what is not is – if this is not yet clear to you, you are still far from the inner truth.

One thing is all, all things are one – if this is only realised, perfection will not worry you.

When faith and Mind are not sep’rate, and not sep’rate are Mind and faith, this is where words all fail to reach.

For here there is no yesterday, no tomorrow, no today.